

JOHN PALMER DAVID SHEMO, M.D., D.F.A.P.A.CURRICULUM VITAE

Psychiatric Alliance of the Blue Ridge
 First Floor, Old Ivy Commons, 2496 Old Ivy Road, Suite 400
 Charlottesville, Virginia 22903-4895

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PERSONAL DATA:

Born: October 20, 1948, Waterford, New York
 Citizenship: USA
 Wife: Mary Carroll Shemo, M.D., DFAPA
 Children: Bryna Carroll Shemo - 12/9/81
 Cordelia Palmer Shemo - 8/11/86

EDUCATION:

Degree: B.S., 1970 Wheeling Jesuit College, Wheeling, West Virginia, 1966-1970
 Major: Biology Minors: Philosophy and Theology
 Degree: M.D., 1975 West Virginia University School of Medicine, Morgantown, West Virginia
 1971-75

LICENSE TO PRACTICE:

Virginia - #0101031015

BOARD CERTIFICATION:

Diplomate American Board of Psychiatry and Neurology – January 1980
 Part I – April, 1979
 Major: Psychiatry – 99th percentile
 Minor: Neurology – 93rd percentile
 Part II – January 1980

Diplomate American Board of Psychiatry and Neurology with Added
 Qualifications in Geriatric Psychiatry – 1992, 2001

Diplomate American Board of Psychiatry and Neurology with Added
 Qualifications in Addiction Psychiatry - 1993

Board Eligible Status – American Board of Internal Medicine

PROFESSIONAL CAREER:

1970-1971 Community Social Service worker for Children and Family Service Association
 of Wheeling, West Virginia.

July 1975 - June 1978 Residency in Behavioral Medicine and Psychiatry
 West Virginia University Medical Center, Morgantown, West Virginia

July 1976 - June 1979 Residency in Internal Medicine
 West Virginia University Medical Center, Morgantown, West Virginia

July 1977 – June 1978 Chief Resident
 Behavioral Medicine and Psychiatry
 West Virginia University Medical Center, Morgantown, West Virginia

January 1978 – June 1979 Assistant Professor
 Department of Behavioral Medicine & Psychiatry
 Department of Internal Medicine
 West Virginia University School of Medicine, Morgantown, West Virginia

John Palmer David Shemo, M.D., D.F.A.P.A.

PROFESSIONAL CAREER cont:

January 1978 – June 1979	Director of Inpatient Psychiatry and Emergency Psychiatric Services West Virginia University Medical Center, Morgantown, West Virginia
July 1979 – April 1983	Assistant Professor Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center, Charlottesville, Virginia
July 1979 – November 1979	Attending Psychiatrist - Consultation Liaison Service Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center, Charlottesville, Virginia
September 1979- November 1988	Psychiatric Consultant to Veteran's Administration Medical Center Salem, Virginia
November 1979 – January 1982	Chief – Behavioral Medicine Inpatient Service Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center, Charlottesville, Virginia
January 1980 – January 1983	Assistant Professor - Department of Internal Medicine University of Virginia Medical Center, Charlottesville, Virginia
July 1982 – July 1987	Psychiatric Consultant, Gender Identity Clinic, Department of Plastic Surgery University of Virginia Medical Center, Charlottesville, Virginia
January 1982 – July 1985	Director – Psychiatric Emergency Service and Consultation/Liaison Service Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
July 1982 – November 1988	Psychiatric Consultant, Pain Clinic, Department of Anesthesiology University of Virginia Medical Center
July 1984 – November 1988	Psychiatric Consultant – Biomedical Ethics Program University of Virginia Medical Center
January 1983 – January 1989	Associate Professor -Department of Internal Medicine University of Virginia Medical Center, Charlottesville, Virginia
January 1985 – November 1988	Director - Department of Behavioral Medicine & Psychiatry Inpatient Service Eating Disorders Program University of Virginia Medical Center, Charlottesville, Virginia
January 1985 – present	*Senior Resident Outpatient and Consultation Supervisor Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center, Charlottesville, Virginia
November 1988 – March 2000	Director – Adult Psychiatric Services Charter Hospital of Charlottesville, Charlottesville, Virginia
November 1988 – March 2000	Director – Eating Disorders Tract Charter Hospital of Charlottesville, Charlottesville, Virginia
May 1991 – March 2000	Director – Dual Diagnosis Chemical Dependency Tract Charter Hospital of Charlottesville, Charlottesville, Virginia

John Palmer David Shemo, M.D., D.F.A.P.A.

PROFESSIONAL CAREER cont:

March 1996 – March 1998	Director – Geriatric Unit Charter Hospital of Charlottesville, Charlottesville, Virginia
November 1996 – March 2000	Medical Director – Charter Behavioral Health System of Charlottesville, Charlottesville, Virginia
January 1997 – March 2000	Director – Residential and Acute Adolescent Programs Charter Hospital of Charlottesville, Charlottesville, Virginia
April 1983 – March 2000	Associate Professor - Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center, Charlottesville, Virginia
January 1989 – present	*Associate Clinical Professor - Department of Internal Medicine University of Virginia Medical Center, Charlottesville, Virginia
October 1994 – present	*Medical Director and President Psychiatric Alliance of the Blue Ridge, Charlottesville, Virginia
March 2000 – present	*Associate Clinical Professor Department of Psychiatric Medicine University of Virginia Medical Center, Charlottesville, Virginia
April 2001- present	*Medical Director and Principal Investigator Psychiatric Alliance of the Blue Ridge Clinical Research Center Charlottesville, Virginia

* -- Current position

ACADEMIC, CONSULTANT and COMMITTEE APPOINTMENTS:

1977-1978	Elected Ginsburg Fellow representative to the Steering Committee of the Group for the Advancement of Psychiatry
1978-1979	Medical Disaster Committee, West Virginia University Medical Center
1978-1979	Housestaff Selection Committee Department of Internal Medicine, West Virginia University Medical Center
1978-1979	Education Committee, Department of Behavioral Medicine & Psychiatry West Virginia University Medical Center
1979-2002	Committee on Governmental Policy, Group for the Advancement of Psychiatry
1980-1989	Faculty and Resident Selection Committee Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
1982-1984	Task Force for Emergency Services, Hospital Program and Planning Committee University of Virginia Medical Center
1982-1985	Committee for Continuing Education Neuropsychiatric Society of Virginia

John Palmer David Shemo, M.D., D.F.A.P.A.

ACADEMIC, CONSULTANT and COMMITTEE APPOINTMENTS cont:

1983-1989	Housestaff Medical Education Committee University of Virginia Medical Center
1985	Adult Rehabilitation Services Task Force University of Virginia Medical Center
1985	Committee on Outpatient Residency Programs Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
1985-1989	Task Force on Impaired Residents and Physicians Housestaff Medical Education Committee University of Virginia Medical Center
1986	Residency Evaluation Committee Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
1986-1989	Committee on Alternative Health Care Delivery Systems Psychiatric Society of Virginia
1987-1989	Medical Student Clerkship Committee Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
1987-1989	Quality Assurance Director Department of Behavioral Medicine & Psychiatry University of Virginia Medical Center
1988-1989	Psychiatric Consultant Ethics Consultation Service, University of Virginia Medical Center
1987-1989	Quality Assurance Committee Blue Ridge Hospital Division, University of Virginia Medical Center
1988-2000	Quality Assurance Committee Chairman Charter Hospital of Charlottesville
1988-2000	Credentials Committee, Chairman - 1990 to 3/00 Charter Hospital of Charlottesville
1992-1996	President – Blue Ridge Chapter Psychiatric Society of Virginia
1996-1997	Consultant to Committee on Quality Assurance and Quality Improvement American Psychiatric Association
1996-1997	President-Elect, Psychiatric Society of Virginia
1997-1998	President, Psychiatric Society of Virginia
1999, 2001, 2003	Chair, Nominating Committee Board of Directors, Psychiatric Society of Virginia

John Palmer David Shemo, M.D., D.F.A.P.A.

ACADEMIC, CONSULTANT and COMMITTEE APPOINTMENTS cont:

1999, 2000, 2004, 2005, 2007	Chair, Nominating Committee for American Psychiatric Association Distinguished Fellowship Selection, Psychiatric Society of Virginia
2003 – present	*Group for the Advancement of Psychiatry: Contributing Member
1993 – present	*Psychiatric Consultant Martha Jefferson Hospital, Charlottesville, Virginia
1993 – present	*Board of Directors , Psychiatric Society of Virginia
1997 – present	*Chair, Managed Care Liaison Committee Psychiatric Society of Virginia
1998-2002	Board of Directors Psychiatric Society of Virginia Foundation for Public Education
2001-2002	Chair, Committee on Government policy Group for the Advancement of Psychiatry
2001-2002	Steering Committee, Group for the Advancement of Psychiatry
2005 – present	*Steering Committee on Practice Guidelines American Psychiatric Association Area V Liaison
2005-2007	*Assembly Rules Committee American Psychiatric Association
2005-2006	Assembly Nominating Committee American Psychiatric Association

HONORS:

Member, Alpha Sigma Nu, National Jesuit Honor Society
Member, Alpha Omega Alpha National Medical Honor Society.
President, Alpha Omega Alpha National Medical Honor Society, West Virginia
University Chapter, 1974-75
Eight letters of commendation from Promotions Committee Medical School
Medical School Rep to Southern Medical Association Scientific Meeting, 1973
Diplomate of National Board of Medical Examiners
Sol Ginsburg Fellow, Group for the Advancement of Psychiatry 1977 and 1978
Ethel Ginsburg Post-Fellow – Group for the Advancement of Psychiatry
International Who's Who in Medicine
Who's Who in the South and Southwest
Who's Who Among Emerging Leaders in the United States
Who's Who in Medicine and Healthcare
Who's Who in Science and Engineering
Who's Who in Education in the United States
Who's Who in American Education
Who's Who in America
Who's Who in the World
Group for the Advancement of Psychiatry
Physicians Recognition Award of the American Medical Association – with
Commendation -- Continuous since 1979

John Palmer David Shemo, M.D., D.F.A.P.A.

HONORS cont:

American Psychiatric Association Continuing Education Certificate –
Continuous since 1979
Fellow, American Psychiatric Association 1990
Exemplary Psychiatrist Award for 2000 – National Alliance for the Mentally Ill
Distinguished Fellow – American Psychiatric Association 2003
“America’s Top Psychiatrists,” 2003, 2004, 2005, 2006 – Consumer Research
Council of America

PROFESSIONAL SOCIETIES:

Monogalia County Medical Society , 1977-1979
West Virginia State Medical Society , 1978-1979
West Virginia Health Systems Agency, 1978-1979
Group for the Advancement of Psychiatry, 1977-present
American Psychiatric Association, 1979-present
Psychiatric Society of Virginia, 1979-present
Medical Society of Virginia, 1996- present

JOURNAL REVIEWS:

1984-Psychosomatics
1987-1994 Hospital and Community Psychiatry
1995-present -- Psychiatric Services

PUBLICATIONS:

1. “Updating Biological Depression,” J. Shemo and D. Withersty, West Virginia Medical Journal, Vol. 74, No. 4, April 1978, p. 73-77.
2. “Psychiatry as a Subspecialty of Internal Medicine: Impact on Patient Care and Education,” (Abstract). J. Shemo, R. D’Alessandri, D. Withersty, W. Spradlin, and R. Waldman, Clinical Research, Vol. 26, No. 3, April 1978, p. 510.
3. “Psychiatry as a Subspecialty of Internal Medicine: An Educational Approach,” J. Shemo, D. Withersty, W. Spradlin, R. Waldman, Journal of Medical Education, Vol. 55, April 1980, p. 354-361.
4. “Evaluating a Conjoint Psychiatric/Medical Inpatient Unit: A One Year Follow-Up Study of Depressed Patients,” D. Withersty, J. Shemo, J. Stevenson, R. Waldman, Journal of Clinical Psychiatry, Vol. 41, No. 5, May 1980, p. 156-158.
5. “Educating Students and Hosuestaff Regarding Compliance and Other Psychosocial Issues,” J. Shemo, D. Withersty, R. D’Alessandri, R. Waldman, W. W. Spradlin, in Communication and Compliance in a Hospital Setting, (D. Withersty, ed.) Springfield, Illinois, Charles C. Thomas Publ. Co., 1980, p. 131-146.
6. “A Conjoint Psychiatry/Internal Medicine Program: Development of a Teaching and Clinical Model.” J. Shemo, J. Ballenger, J. Yazel, W. Spradlin, American Journal of Psychiatry, 139:11, Nov. 1982, p. 1437-1442.
7. “Primary Care Management of Mental Illness: Medication as a Tool,” J. Shemo, Southern Medical Journal, Vol. 77, No. 8, Aug. 1984, p. 1010-1014.
8. “Suicide: Epidemiology and Evaluation,” J. Shemo. In Proceedings of the 9th Annual Meeting, Medical Section, American Council of Life Insurance; White Sulphur Springs, West Virginia, 1984, p. 87-103.
9. “Chronic Pain: A Chronic Dilemma,” J. Shemo. In: Proceedings of the 9th Annual Meeting, Medical Section, American Council of Life Insurance; White Sulphur Springs, West Virginia, 1984, p. 123-146.
10. “The Cost-Effectiveness of Mental Health Service Provision: The Onset Effect,” J. Shemo. The International Journal of Psychiatry in Medicine. Vol. 15, No. 1, 1985-86, p. 19-30.
11. “Medical Psychotherapy: An Evolving Concept,” J. Shemo, Southern Medical Journal, Vol. 79, No. 9 Sept., 1986, p. 109-112.
12. Group for the Advancement of Psychiatry: Committee on Governmental Agencies, Psychiatry and the Mental Health Professionals: New Roles for Changing Times, New York, Brunner/Mazel, 1987, 197 pages.
13. “Medical Psychotherapy: A Reply (Letter),” J. Shemo, Southern Medical Journal, Vol 80, No. 7, July, 1987, p. 935-936.
14. “Medical Psychotherapy: Clinical Application in an Inpatient Setting,” J. Shemo, General Hospital Psychiatry, Vol. 10, 1988, p. 231-235.
15. Group for the Advancement of Psychiatry: Committee on Government Policy, Forced Into Treatment: The Role of Coercion in Clinical Practice. Washington, D.C., APPI, 1994, 133 pages.
16. “Alcoholism,” J Shemo and R. Williams in Advances in Medicine, (R. Edlich, ed.). Arlington, Virginia, Vandamere Press 2000, p. 529-534.
17. “Rater Techniques Commentary”, J. Shemo In: Aripiprazole: Major Depressions Disorder Newsletter, Bristol-Myers Squibb Vol. VI, July 2005, p. 5.

PUBLICATIONS cont:

18. American Psychiatric Association: Practice Guidelines for the Psychiatric Evaluation of Adults, Second Edition. American Journal of Psychiatry 2006; 163: 1 – 36 (J. Shemo, Steering Committee Liaison).
19. American Psychiatric Association: Practice Guidelines for the Treatment of Psychiatric Disorders. Compendium 2006. American Psychiatric Association Press 1600 pg. (J. Shemo, Steering Committee Liaison).
20. American Psychiatric Association: Practice Guidelines for the Treatment of Patients with Substance Use Disorders, Second Edition. American Journal of Psychiatry 2007; 164: 1 – 123 (J. Shemo, Steering Committee Liaison).
21. American Psychiatric Association: Practice Guidelines for the Treatment of Patients with Panic Disorder, Second Edition. American Journal of Psychiatry (In Press).
22. American Psychiatric Association: Practice Guidelines for the Treatment of Patients with Alzheimer’s Disease and Other Dementias, Second Edition. American Journal of Psychiatry (In Press).

MANUSCRIPT REVIEWER:

Institute on Law, Psychiatry and Public Policy, University of Virginia, 1984
Group for the Advancement of Psychiatry, 1987-2002

LECTURES and PAPERS PRESENTED:

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| 1978 | “Hyperactivity Syndrome: Diagnosis and Management”
Behavioral Medicine & Psychiatry Grand Rounds
West Virginia University Medical Center |
| 1978 | “Recent Research on the Biochemical Diagnosis of Biological Depression”,
Behavioral Medicine & Psychiatry Grand Rounds
West Virginia University Medical Center |
| 1978 | “Psychiatric Presentations in Lupus Cerebritis”
Conjoint Internal Medicine – Behavioral Medicine Conference
West Virginia University Medical Center |
| 1978 | “West Virginia Commitment Laws and the Management of Acute Psychiatry
Emergencies” Preston County Medical Society |
| 1978 | “Needed Reforms in the West Virginia Commitment Laws”
Preston County Mental Health Association |
| 1978 | “Psychiatry as a Subspecialty of Internal Medicine”
American College of Physicians, Pittsburgh, Pennsylvania |
| 1978 | “Depression: Diagnosis and Treatment”
Internal Medicine Grand Rounds
West Virginia University Medical Center |
| 1978 | “Suicide: Basic Epidemiology and Management”
Behavioral Medicine & Psychiatry Grand Rounds
University of Virginia Medical Center |
| 1980 | “The Differentiation of Schizophrenia from Manic Depressive Illness”
Parts I, II, III (Series of three lectures)
Western State Hospital Grand Rounds, Staunton, Virginia |
| 1980 | “The Primary Care Delivery System: Its Function as a Component of the
Mental Health Delivery System”
Behavioral Medicine & Psychiatry Grand Rounds
University of Virginia Medical Center |

LECTURES and PAPERS PRESENTED cont:

- 1980 “Stress Management: Medication as a Tool – A Dilemma for the Primary Care Physician”. Second Annual Behavioral Medicine Conference
Stress, Illness and Patient Management
University of Virginia Medical Center
- 1980 “The Primary Care Physician as a Provider of Mental Health Services”
Seventh Annual Recent Advances in Clinical Medicine
Department of Internal Medicine, University of Virginia Medical Center
- 1980 “The Personality Disordered Patient in Primary Care”
Rockingham Memorial Hospital, Harrisonburg, Virginia
- 1981 “The Expansion of the Concept of Affective Illness: The Impact of Biological Research”
Smyth County Medical Society
Washington County Medical Society
Montgomery County Medical Society
- 1981 “Psychiatry as an Internal Medicine Subspecialty – An Educational Model”
Scientific Program 134th American Psychiatric Association Annual Meeting,
New Orleans, Louisiana
- 1982 “The Redefinition of Borderline Personality Disorder as a Subaffective Disorder”, Behavioral Medicine & Psychiatry Grand Rounds
University of Virginia Medical Center
- 1982 “The Differential Diagnosis of Borderline Personality Functioning”
Medical Association of the Virginia Department of Mental Health and Mental Retardation, Staunton, Virginia
- 1982 “The Psych-Med Unit: Inpatient Psychiatry’s Future”
University of Virginia Behavioral Medicine Unit: Scientific Program – 135th
American Psychiatric Association Annual Meeting, Toronto, Canada, May 1982
- 1982 “The Diagnosis and Therapy of Depression-Conceptual Integration”
Internal Medicine Grand Rounds
University of Virginia Medical Center
- 1983 “Suicide: Evaluation and Management by the Primary Care Physician”
Appalachian Region Hospital, Clifton Forge, Virginia
- 1983 “The Evaluation and Management of Chronic Low Back Pain”
Smyth County Medical Society
Washington County Medical Society
Montgomery County Medical Society
- 1983 “Chronic Pain: A Chronic Dilemma”
Anesthesiology Grand Rounds
University of Virginia Medical Center
- 1983 “Evaluation and Treatment of Depression by the Primary Care Physician”
Internal Medicine Grand Rounds
York Memorial Hospital, York, Pennsylvania

LECTURES and PAPERS PRESENTED cont:

- 1984 "Chronic Pain – Conceptual Models and Management"
Behavioral Medicine and Psychiatry Grand Rounds
University of Virginia Medical Center
- 1984 "Suicide: Epidemiology and Evaluation"
9th Annual Meeting, Medical Section – American Council of Life Insurance
White Sulphur Springs, West Virginia
- 1984 "Chronic Low Back Pain: A Chronic Dilemma"
9th Annual Meeting, Medical Section – American Council of Life Insurance
White Sulphur Springs, West Virginia
- 1984 "Mental Illness – What Is It?"
Virginia Mental Health Association
Charlottesville, Virginia
- 1984 "Factitious Illness"
Internal Medicine Grand Rounds
University of Virginia Medical Center
- 1984 "Munchausen's Syndrome – A Borderline Spectrum Disorder"
Behavioral Medicine and Psychiatry Grand Rounds
University of Virginia Medical Center
- 1984 "Chronic Pain"
Eleventh Annual Recent Advance in Clinical Medicine
Department of internal Medicine
University of Virginia Medical Center
- 1984 "Suicide"
Albemarle County Medical Society
Charlottesville, Virginia
- 1985 "Behavioral Problems in Critical Care Units – The Many Faces of Delirium"
Ninth Annual Heart/Lung Critical Care Conference, American Heart
Association, Williamsburg, Virginia
- 1985 "Personality Disorders in Primary Care"
Rockingham Memorial Hospital, Harrisonburg, Virginia
- 1985 "The Many Faces of Delirium"
Behavioral Medicine and Psychiatry Grand Rounds
University of Virginia Medical Center
- 1986 "The Eating Disorders: Anorexia Nervosa and Bulimia"
Internal Medicine Grand Rounds
University of Virginia Medical Center
- 1986 "The Eating Disorders: Epidemiology, Diagnosis and Treatment"
Western State Hospital Grand Rounds
Western State Hospital, Staunton, Virginia
- 1986 "Borderline Personality Organization as an Epiphenomenon"
Behavioral Medicine and Psychiatry Grand Rounds
University of Virginia Medical Center

LECTURES and PAPERS PRESENTED cont:

- 1987 “Eating Disorders: The Theory and Practice of Inpatient Treatment”
Behavioral Medicine & Psychiatry Grand Rounds
University of Virginia Medical Center
- 1987 “Bulimia: Bingeing and Purging”
Medical Center Hour, University of Virginia Medical Center
- 1987 “Chronic Factitious Disorder: Epidemiology and Dynamics:
Internal Medicine Ground Rounds
University of Virginia Medical Center
- 1987 “Bipolar Spectrum Disorders: Primary Care Implications of the Expanding
Concept of Affective Illness”
Rockingham Memorial Hospital, Harrisonburg, Virginia
- 1987 “The Future of Psychiatry: Clinical and
Structural Directions”, Community Care Systems, Annual Meeting
Williamsburg, Virginia
- 1987 “The Eating Disorders”
Fifth Annual Refresher Course for Family Physicians
University of Virginia Medical Center
- 1987 “The Chronic Pain Problem”
Primary Care Conference, Department of Internal Medicine
University of Virginia Medical Center
- 1987 “The Expanding Concept of Bipolar Affective Illness”
Grand Rounds, Southern Virginia Psychiatric Institute
Danville, Virginia
- 1987 “Borderline Disorders – A Systems Perspective”
Virginia Patient’s Advocate Program and Human Committee Meeting
Southern Virginia Psychiatric Institute, Danville, Virginia
- 1988 “Alcoholism: A Primary Care Perspective”
Rockingham Memorial Hospital, Harrisonburg, Virginia
- 1988 “Delirium: Primary Care Recognition and Management”
Sixth Annual Refresher Course for Family Physicians
University of Virginia
- 1988 “The Suicidal Spectrum - Ethical Considerations Based on Case Studies”
Basic Problems in Biomedical Ethics
University of Virginia Medical Center
- 1988 “Right to Treatment/Right to Refuse Treatment”
Rights and Services, A Dynamic Partnership
Virginia Human Rights Conference,
The Virginia Department of Mental Health
Mental Retardation & Substance Abuse Services,

LECTURES and PAPERS PRESENTED cont:

- 1988 “Psychiatry and the Mental Health Professionals: New Roles for Changing Times”
40th Institute on Hospital and Community Psychiatry:
American Psychiatric Association, New Orleans, Louisiana
- 1989 “Borderline Personality Disorder – A Conceptual Overview”
Four hour workshop
Region IX Community Services Board, Culpeper, Virginia
- 1990 “Commitment and Involuntary Treatment – The Appropriate Clinical Use of Coercion “
42nd Institute on Hospital and Community Psychiatry:
American Psychiatric Association, Denver, Colorado
- 1992 “Prevalence of Head Injury in Psychiatric Populations,” D. A. Gideon, J. T. Barth, M. S. Shutty and J. Shemo.
International Neuropsychological Society
- 1993 “The Expanding Concept of Bipolar Illness”
Blue Ridge Chapter, Psychiatric Society of Virginia
Charlottesville, Virginia
- 1994 “The Ethical Use of Psychiatric Coercion”
Psychiatric Medicine Grand Rounds
University of Virginia Medical Center
- 1995 “Forced Into Treatment: The Role of Coercion in Clinical Practice”
Scientific Session – Current Issues in Psychiatry
Psychiatric Society of Virginia, Richmond, Virginia
- 1997 “Anorexia Nervosa and Bulimia Detection: Diagnosis and Treatment”
Community Lecture Series, Charlottesville, Virginia
- 1998 “The Treatment of Agitation and Aggression in the Demented Patient”
Community Lecture Series, Charlottesville, Virginia
- 1999 “Evaluation and Treatment of Dementia – Current Research”
Community Lecture Series, Charlottesville, Virginia
- 1999 “Eating Disorders: From Adolescence to Adulthood”
Community Lecture Series, Charlottesville, Virginia
- 1999 “Attention Deficit/Hyperactivity Disorder: A Guide for Patients and Parents”
Community Lecture Series, Charlottesville, Virginia
- 1999 “Principles of Psychopharmacology: A Patient Guide”
Community Lecture Series, Charlottesville, Virginia
- 2000 “Sex and Self-Esteem: A Guide for Adolescents”
Community Lecture Series, Charlottesville, Virginia
- 2002 “Beneficial Effects of Quetiapine Treatment in Patients with Fibromyalgia”
M. Shemo, JPD Shemo, M. Anderson
NCDEU 42nd Annual Meeting, Boca Raton, Florida

John Palmer David Shemo, M.D., D.F.A.P.A.

LECTURES and PAPERS PRESENTED cont:

2002 – present	“Eating Disorders and the use of Escitalopram” Forest Pharmaceutical Speakers Bureau
2002 – present	“Depression and the use of Escitalopram” Forest Pharmaceuticals Speakers Bureau
2002 – present	“The Faces of depression” GlaxoSmithKline Speakers Bureau
2003 – present	“Anxiety and the use of Xanax XR” Pfizer Speakers Bureau
2005 – present	“Bipolar disorder and the use of Lamictal” GlaxoSmithKline Speakers Bureau
2003	Psychopharmacologic Research – What’s in the Pipeline National Alliance for the Mentally Ill, Central Virginia Chapter, Charlottesville, Virginia
2003	Ethical Considerations in Involuntary Treatment Psychiatric Medicine Grand Rounds University of Virginia Medical Center, Charlottesville, Virginia
2003	“Beneficial Effects of Quetiapine Treatment in Patients with Fibromyalgia – Case studies” M. Shemo, JPD Shemo, M. Anderson American Association of NeuroPsychiatry, Honolulu, Hawaii
2003	“The Faces of Depression”: The Clinical Evaluation and Treatment of Depression Virginia Society of Health-Systems Pharmacists Charlottesville, Virginia
2004	“The Expanding Concept of Bipolar Disorder” Natural Alliance for the Mentally Ill – Central Virginia Chapter Charlottesville, Virginia
2005	The Epidemiology, Diagnosis and Treatment of Bipolar Disorder, Region IX Community Mental Health Center, Culpeper, Virginia.

OTHER ACTIVITIES:

1977	Twelve hour workshop for West Virginia Council on Drug and Alcohol Abuse: Medical Complications of Alcohol and Drug Abuse
1967-1970	Three years participation in National Institute of Mental Health sponsored program of community education conducted by Children and Family Service Association of Wheeling, West Virginia
1978-1979	Lecture series presented to Community Mental Health Center staff on the following topics: <ol style="list-style-type: none">1. Depression: Diagnosis and Management2. Psychiatric Presentation of Medical Illnesses3. Suicide: Risk Evaluation and Management4. West Virginia Commitment Laws and Procedures

John Palmer David Shemo, M.D., D.F.A.P.A.

OTHER ACTIVITIES cont:

- 1977-1979 Developed clinical and community education program for Childhood ADD
Child Psychiatry Division, Department of Behavioral Medicine & Psychiatry
West Virginia University
- 1978-1979 Lectures to first and second year medical students:
Psychiatric Epidemiology and Alcoholism
West Virginia University Medical Center
- 1978-1979 Preceptor for second year medical student
Physical Diagnosis Course
West Virginia University Medical Center
- 1978-1979 Lectures to third year medical students on Depression, Organic Brain Syndrome,
Differential Diagnosis of Psychosis, Mental Status Examination, and
Psychotropic Medications
West Virginia University Medical Center
- 1979 Lecture to Emergency Room Staff: Suicide: Epidemiology and Management
West Virginia University Medical Center
- 1978-1979 Psychiatric Consultant to Psychiatric Nursing Peer Reviews
West Virginia University Medical Center
- 1979 Second year medical student Psychopathology Course Lectures: Affective
Disorders, Manic-Depressive Illness
University of Virginia Medical Center
- 1980 Preceptor for second year medical students in “Introduction to Clinical
Medicine: Physical Diagnosis Section”
University of Virginia Medical Center
- 1979 Lectures to third year medical students on manic-depressive illness, depression,
suicide, schizophrenia, personality disorders, developmentally oriented
psychotherapy, National Board preparation, chronic pain, emergency psychiatry,
the MMPI in clinical practice, etiological diagnosis of BPO, organic brain
syndromes, the eating disorders.
University of Virginia Medical Center
- 1979-1989 Preceptor, first and second year medical students in “Introduction to Clinical
Medicine: Psychopathology Section”
- 1983-1984 Lecture to first year medical students Critical
Care Medicine course, “Evaluation and Treatment of Psychiatric Emergencies”
University of Virginia Medical Center
- 1983-1988 Individual Supervisor – Senior Resident
Outpatient Rotation
Dept. of Behavioral Medicine & Psychiatry
University of Virginia Medical Center
- 1984 Lecture to second year medical students Clinical Pharmacology Course
“Alcoholism – Theory, Evaluation, and Treatment”
University of Virginia Medical Center

John Palmer David Shemo, M.D., D.F.A.P.A.

OTHER ACTIVITIES cont:

- 1985-1986 Preceptor – Outpatient Case Conference
Dept. of Behavioral Medicine & Psychiatry
University of Virginia Medical Center
- 1985-1989 Lectures to Internal Medicine Residents’ Acute Care Conference:
Alcoholism
Affective Illness
University of Virginia Medical Center
- 1986 Lecture – School of Nursing Advanced Pathology: Clinical Management Course
Alcohol and Drug Addiction
University of Virginia Medical Center
- 1986 Inpatient Didactic Course First and Second Year Residents – Ongoing Weekly
Conference. Dept. of Behavioral Medicine & Psychiatry
University of Virginia Medical Center
- 1986 Individual Medical Student Preceptor
Physical Diagnosis Course, Department of Internal Medicine
University of Virginia Medical Center
- 1988-2000 Staff Development Lectures
Charter Hospital of Charlottesville
- 1988-present Preceptor for University of Virginia Senior Level Psychiatry Residents on
Outpatient Treatment

RESEARCH PROJECTS:

- 1977-1978 Review of the clinical basis for involuntary psychiatric treatment and the
implications for public policy as a Sol Ginsburg Fellow with the Group for the
Advancement of Psychiatry
- 1978-1986 Review of the interrelationship of the core mental health disciplines and the
derived implications for public policy as an Ethel Ginsburg Post Fellow of the
Committee on Governmental Agencies of the Group for the Advancement of
Psychiatry
- 1978-1979 Evaluation of efficacy in the treatment of depression as evidenced by measures
of recidivism and return to home and job responsibility in a newly developed
Conjoint Psychiatry-Internal Medicine Inpatient Service; David Withersty,
M.D., John Shemo, M.D., Robert Waldman, M.D., W. W. Spradllin, M.D.
- 1980-1983 Study of Platelet Binding 3H – Imipramine in Affective Illness. James C.
Ballenger, M.D., Michele Laraia, R.N., John Shemo, M.D., Robert Wangelin,
M.D., Steven Pohl, M.D.
- 1986-1992 Review of the uses and efficacy of coercive treatment.
Committee on Government Policy, Group for the Advancement of psychiatry
- 1988-1991 Study of the incidence and symptomatology of head injury in a psychiatric
inpatient population. John Shemo, M.D., Deborah Gideon, Ph.D.,
Jeffrey Barth, Ph.D.

RESEARCH PROJECTS cont:

1991-1999	Review of the clinical implications of managed care. Committee on Government Policy, Group for the Advancement of Psychiatry.
2000-2002	Review of clinical, ethical, and policy implications of Dual-Agency in medicine. Committee on Government Policy, Group for the Advancement of Psychiatry.
2001-2003	XXX Versus Placebo as Add-On Treatment in Subjects with Bipolar Disorder in the Outpatient Setting, phase IIIB, sponsored by Ortho-McNeil Pharmaceutical.
2001	Investigator Training Society of Clinical Research Associates, Washington D.C.
2002	A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Safety and Efficacy Study of XXX in Adults with Attention Deficit Hyperactivity Disorder (ADHD), phase II, sponsored by Shire Pharmaceutical.
2002	A Prospective, Multicenter, Open-Label Study of XXX in the Management of patients with Schizophrenia and Schizoaffective Disorder in General Psychiatric Practices, phase III, sponsored by Bristol Meyers Squibb
2002	Beneficial Effects of Quetiapine Treatment in patients With Fibromyalgia, Case studies, sponsored by AstraZeneca. Poster presented at the New Clinical Drug Evaluation Unit meeting (NCDEU) in Boca Raton, FLA, June 11, 2002.
2002	Examining Clinical Experience with XXX in Depression Trial, phase IV, sponsored by Forest Pharmaceuticals, Inc
2002-2003	A Double-Blind, Placebo-Controlled, Multicenter Study of the Long-Term Efficacy of XXX in the Maintenance of Antidepressant Effect in Geriatric Outpatients with Major Depressive Disorder; Protocol 068-01, phase III, sponsored by Merck Research Laboratories.
2002-2003	A Double-Blind, Multicenter, placebo- and Active-Controlled Acute and Extension Study of 2 Doses of XXX in the treatment of Patients with major Depressive Disorder. PN062-061, phase III, sponsored by Merck Research Laboratories.
2003	A Phase II, Randomized, Double-Blind, Parallel-Group, Placebo – Controlled Safety and Efficacy Study of XXX in Children and Adolescents Aged 6-17 with oppositional Defiant Disorder (ODD), sponsored by Shire Pharmaceutical Development, Inc.
2003 – 2004	A Phase II, Randomized, Double-Blind, Parallel-Group, Placebo-Controlled Safety and Efficacy Study of XXX in Adults Aged 18-55 with Attention Deficit Hyperactivity Disorder (ADHD).
2003 – 2005	A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Flexible-Dose Study to Assess the Safety and Efficacy of XXX in the Treatment of Moderate to Severe Binge eating Disorder Associated with Obesity. Phase IIB, sponsored by Ortho-McNeil Pharmaceutical.

RESEARCH PROJECTS cont:

- 2003 – 2004 A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Parallel Group Study to Assess the Efficacy and Safety XXX Versus Placebo for the Treatment of Social Anxiety Disorder (Generalized Type). Phase II, sponsored by UCB Pharma.
- 2003 – 2004 An Open – Label Study of the Tolerability, Clinical Response, and Satisfaction in Adult Bipolar I Subjects Optimizing Initiation of Therapy Using Administration of Dermatological Precautions and XXX Titration Packs. Phase IV, sponsored by GlaxoSmithKline.
- 2004 Protocol for the Psychometric Validation of a Functional Status Questionnaire Designed for Use in Bipolar Disorder. Sponsored by AstraZeneca.
- 2004 – 2005 Efficacy and Safety of XXX in Patients with Borderline Personality Disorder: A Randomized Flexible Dose Double-Blind Comparison with Placebo. Phase II, sponsored by Eli Lilly.
- 2004 – 2005 A Multicenter, Parallel-Group, Double-Blind, Phase III Comparison of the Efficacy and Safety of XXX to Placebo When Used as Adjunct to Mood Stabilizers (Lithium or Divalproex) in the Maintenance Treatment of Bipolar I Disorder in Adult Patients. Phase III, sponsored by AstraZeneca.
- 2004 – 2005 A Multicenter, Randomized, Double-Blind, Placebo-Controlled Study of the Safety and Efficacy of XXX as Adjunctive Therapy in the Treatment of Patients With Major Depressive Disorder. Phase III, sponsored by Bristol-Myers Squibb.
- 2004 – 2006 A Multicenter, Long-Term, Open-Label Study to Assess the Safety and Tolerability of XXX as Adjunctive Therapy in the Treatment of Outpatients With Major Depressive Disorder. Phase III, sponsored by Bristol-Myers Squibb.
- 2004 – 2006 A Multicenter, Randomized, Double-Blind, Placebo-Controlled Study of XXX in the Treatment of Patients with Bipolar I Disorder with Major Depressive Episode. Phase III, sponsored by Bristol-Myers Squibb.
- 2004 – 2005 A Double-Blind, Randomized, Multicenter, Placebo-Controlled, Parallel-Groups Efficacy and Safety Extension Study of XXX in the Treatment of Adult Outpatients with Primary Insomnia. Phase III, sponsored by Merck & Co.
- 2004 – 2005 A 12-Month, Randomized, Double-Blind Placebo-Controlled, Parallel Groups, Multicenter, Long-Term Safety Study of XXX in the Treatment of Elderly Outpatients with Primary Insomnia. Phase III, sponsored by Merck & Co.
- 2005 A Phase III, Randomized, Double-blind, Multi-center, Placebo-controlled, Parallel-Group, Safety and Efficacy Study of XXX with an Open-label Extension in Adults with Attention-Deficit Hyperactivity Disorder (ADHD). Sponsored by Shire Development.
- 2005 A Phase III, Randomized, Double-blind, Multi-center, Placebo-controlled, Parallel-group, Forced Dose Titration, Safety and Efficacy Study of XXX in Adults with Attention-Deficit Hyperactivity Disorder (ADHD). Sponsored by Shire Development.

RESEARCH PROJECTS cont:

- 2005 –2006 A Phase III, Multi-center, 12-month, Open-label Safety Study of XXX in Adults with Attention-Deficit Hyperactivity Disorder (ADHD). Sponsored by Shire Development.
- 2005 – 2006 A Phase II, Multicenter, Randomized, Double-Blind, Placebo and XXX Controlled Trial of the Safety and Efficacy of XXX in the Treatment of Outpatients with Major Depressive Disorder. Sponsored by Bristol-Myers Squibb.
- 2006 A Multi-centre, Double-blind, Randomised-withdrawal, Parallel-group, Placebo-controlled Phase III Study of the Efficacy and Safety of XXX as Monotherapy in the Maintenance Treatment of Patients with Major Depressive Disorder Following an Open-Label Stabilisation Period. Sponsored by AstraZeneca.
- 2006 XXX Versus XXX and Placebo in the Treatment of Mild to Moderate Mania Associated with Bipolar I Disorder. Phase III, sponsored by Eli Lilly.
- 2006-2007 A Six –Week, Double-Blind, Multicenter, Placebo-Controlled Study Evaluating the Efficacy and Safety of Flexible Doses of Oral XXX in Outpatients with Bipolar I Depression. Phase III, Sponsored by Pfizer.
- 2006 A Placebo-controlled, Double-blind, Parallel-group, Dose Titration Study to Evaluate the Efficacy and Safety of XXXX in Adults with Attention Deficit Hyperactivity Disorder. Sponsored by McNeil.
- 2006 An Open-Label, Dose-Titration, Long-Term Safety Study to Evaluate XXXX in Adults with Attention Deficit Hyperactivity Disorder. Sponsored by McNeil.
- 2006 A Phase III, Randomized, Double-Blind, Multicenter Placebo-Controlled, Parallel Group, Forced Dose Titration, Safety and Efficacy Study of XXXX in Adults with ADHD. Sponsored by New River.
- 2006 A Long-Term, Open-Label and Single-Arm Study of XXXX in Adults with ADHD. Sponsored by New River.
- 2006 XXXX Versus XXXX and Placebo in the Treatment of Mild to Moderate Mania Associated with Bipolar I Disorder. Sponsored by Lilly.
- 2006 Quality of Life Survey for Outpatients with Bipolar I Disorder. Sponsored by Ortho-McNeil.
- 2007 A Multicenter, Double-Blind, Randomized, Parallel-Group, Placebo-Controlled, Phase III Study of the Efficacy and Safety of XXXX as Monotherapy in Adults with Acute Bipolar Depression. Sponsored by Astra Zeneca.
- 2007 A Multicenter, Randomized, 24 – 52 Week, Double-Blind, Placebo-Controlled Study to Evaluate the Efficacy, Safety, and Tolerability of XXXX in the Prevention of Relapse of Depressive Symptoms in Outpatients with Major Depressive Disorder Who Achieved an Initial Response to 12 Weeks of Open-Label Treatment with XXXX. Sponsored by Sanofi Aventis.
- 2007 Efficacy and Safety of XXXX on Sleep Maintenance Insomnia: A 12-week Multicenter, Randomized, Double-Blind, Placebo-Controlled Study. Sponsored by Sanofi Aventis.

RESEARCH PROJECTS cont:

2007 A Phase IV, Double-Blind, Placebo-Controlled, Randomized, Flexible-Dose Study of the Safety and Efficacy of XXXX in Adolescents with Major Depression. Sponsored by Somerset.

RESEARCH SCALES – CERTIFICATIONS OR TRAINING

* = multiple studies

*YMRS	Young Mania Rating Scale
*MADRS	The Montgomery and Asberg Depression Rating Scale
*HAM-D	Hamilton Depression Scale
*HAM-A	Hamilton Anxiety Scale
BP-Co-RS	Bipolar Cognitive Rating Scale
*CGI-I	Clinical Global Impression Scale – Improvement
*CGI-S	Clinical Global Impression Scale – Severity
*CGI-BP	Clinical Global Impression – Bipolar version
ZAN-BPD	Zanarini Rating Scale for Borderline Personality Disorder
*AIMS	Abnormal Involuntary Movement Scale
*SAS	Simpson-Angus Scale
*BARS	Barnes Akathisia Rating Scales
*MINI	Mini International Neuropsychiatric Interview
*ADHD-RS	Attention Deficit Hyperactivity Disorder Rating Scale
*MMSE	Mini-Mental Status Exam
*SDI	Sleep Diagnostic Interview