

Psychiatric Alliance of the Blue Ridge  
 First Floor, Old Ivy Commons, 2496 Old Ivy Road, Suite 400  
 Charlottesville, Virginia 22903-4895

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PERSONAL DATA:

Born: February 3, 1950, College Park, Maryland  
 Citizenship: USA  
 Husband: John Palmer David Shemo, M.D., FAPA  
 Children: Bryna Carroll Shemo - 12/9/81  
 Cordelia Palmer Shemo - 8/11/86

EDUCATION:

Degree: B.S., 1972  
 Wheeling Jesuit College, Wheeling, West Virginia  
 Major: Biology Minors: Philosophy

Degree: M.D., 1976  
 West Virginia University School of Medicine, Morgantown, West Virginia

LICENSE TO PRACTICE:

Virginia #0101031408

BOARD CERTIFICATION:

Diplomate National Board of Medical Examiners – 1977  
 Diplomate American Board of Psychiatry and Neurology – 1980

PROFESSIONAL CAREER:

June 1976 - July 1979  
 Residency in Behavioral Medicine and Psychiatry  
 West Virginia University Medical Center, Morgantown, West Virginia

June 1978 – July 1979  
 Chief Resident  
 Behavioral Medicine and Psychiatry  
 West Virginia University Medical Center, Morgantown, West Virginia

July 1979 – January 1980  
 Fellowship in Child and Adolescent Psychiatry  
 University of Virginia Medical Center  
 Charlottesville, Virginia

January 1980 – August 1987  
 Student Health Psychiatrist  
 University of Virginia Medical Center  
 Charlottesville, Virginia

June 1981 – August 1987  
 Mental Health Section Head  
 University of Virginia Medical Center  
 Charlottesville, Virginia

December 1979 - present  
 \*Clinical Assistant Professor  
 Department of Behavioral Medicine & Psychiatry  
 University of Virginia Medical Center  
 Charlottesville, Virginia

August 1987 - present  
 \*Psychiatrist – private practice of adult and adolescent psychiatry  
 Psychiatric Alliance of the Blue Ridge  
 Charlottesville, Virginia

March 2000 – present  
 \*Principal Investigator –  
 Psychiatric Alliance of the Blue Ridge Clinical Research Center  
 Charlottesville, Virginia

ACADEMIC, CONSULTANT and COMMITTEE APPOINTMENTS:

1973-1979	Admissions Committee, Voting Member West Virginia University School of Medicine
1979	Behavioral Medicine and Psychiatric Resident Consultant Pain Clinic, West Virginia University Medical Center
1980-1987	Student Health Patient Education Committee Student Health, University of Virginia Medical Center
1982-1987	Supervision of Psychiatric Residents Student Health, University of Virginia Medical Center
1983-1987	Student Health Research Committee Student Health, University of Virginia Medical Center
1984-1987	Student Health Quality Assurance Committee Student Health, University of Virginia Medical Center
1985-1986	Panel Member, Medical Center Hour University of Virginia Medical Center, Charlottesville, Virginia
1989-2000	Chairman, Clinical Committee Charter Hospital of Charlottesville
1996-1999	Practice Guidelines Steering Committee American Psychiatric Association
1987-present	*Supervision of Psychiatric Residents in Outpatient Therapy
1992-present	*Practice Research Network American Psychiatric Association
2001	Panel Member, Sumatriptan Succinate (Imitrex) GlaxoWellcome
2001	Consultant, Topiramate (Topamax) OrthoMcNeil Pharmaceutical
2001	Advisory Committee Member, Citalopram (Celexa) Forest Laboratories
2002- present	Speakers Bureau, Lexapro Forest Laboratories
<u>HONORS:</u>	Presidential Scholarship, 1968-1972 Member, Gamma Pi Epsilon Jesuit Women's Honor Society , 1971 Graduated Magna Cum Laude, 1972 Class Valedictorian, 1972 Robert Wood Johnson Scholarships, 1972-1976 Member, Alpha Omega Alpha National Medical Honor Society, 1975 Vice President, Alpha Omega Alpha National Medical Honor Society, 1976 Diplomate of National Board of Medical Examiners, 1977

PROFESSIONAL SOCIETIES:

Albemarle County Medical Society, 1980-present  
American Psychiatric Association, 1981-present  
Psychiatric Society of Virginia, 1981-present  
American College Health Association, Mid-Atlantic Chapter, 1982-1987  
American Society of Clinical Psychopharmacology, 1994-present

TEACHING, LECTURES and PAPERS PRESENTED:

1974 “Human Sexuality, Birth Control and Venereal Disease”,  
Lecture Series for College Coeds  
West Virginia University

TEACHING, LECTURES and PAPERS PRESENTED cont:

1977 “The Medical Complications of Drug Abuse”, Six Hour Series  
Annual School of Alcohol and Drug Abuse  
West Virginia University Medical Center Department Behavioral Medicine &  
Psychiatry and the West Virginia Department of Mental Health

1977 “An Overview of Psychotropic Medicine”, Lecture Series for Graduate Students  
in Guidance and Counseling,  
West Virginia University, Morgantown, West Virginia

1978 “The Diagnosis of organic Brain Syndrome”  
Lecture Series for Medical Students  
West Virginia University School of Medicine, Morgantown West Virginia

1979-1987 Psychopathology Course, Small Groups For Medical Students  
University of Virginia Medical Center, Charlottesville, Virginia

Medical Aspects of Drug and Alcohol Abuse; Mental Health Concerns  
Resident Assistant Orientation

1980-1987 Presentations to Student Health Nurses (various topics)  
Psychotropic Medications, Drug Abuse, Stress Management and Clinical Uses  
of Hypnosis.  
University of Virginia Medical Center, Charlottesville, Virginia

1981 “The Clinical Uses of Hypnosis”, Clinical Case Conference for Medical  
Students on the Inpatient Psychiatric Rotation  
University of Virginia Medical Center, Charlottesville, Virginia

1981 “Research Contributions to College Psychiatry”  
American Psychiatric Association Annual Meeting

1982 “The Treatment of Bulimia”, Continuing Nursing Education  
University of Virginia, Charlottesville, Virginia

1984 “Student Mental Health” and “Eating Disorders”  
Inter Sorority Council

1984 “Eating Disorders”, Presentation to Resident Assistants

Sweet Briar College,

- 1985 Articles on "Eating Disorders" for the Cavalier Daily and Iris student papers  
University of Virginia, Charlottesville, Virginia
- 1985 "The crisis of Young Adult Suicide", Medical Center Hour  
University of Virginia Medical Center, Charlottesville, Virginia
- 1986 Lecture to Psychiatric Residents on Bulimia  
University of Virginia Medical Center, Charlottesville, Virginia
- 1986 "Eating Disorders", Family Practice Refresher Course  
University of Virginia Medical Center, Charlottesville, Virginia
- 1986 "Eating Disorders", Medical Center Hour  
University of Virginia Medical Center, Charlottesville, Virginia
- 1986 Lecture to Student Health Faculty on Eating Disorders  
University of Virginia Medical Center, Charlottesville, Virginia
- 1999 "Seasonal Affective Disorder"  
Albemarle County Medical Society Lecture

RESEARCH EXPERIENCE:

- 1983 "The Evaluation and Treatment of Stress in a University Population Using a Didactic Model"
- 1987 "A Comparative Study of Imipramine Versus Clomipramine in College Women With Eating Disorders"
- 2001 Principal Investigator Training  
Society of Clinical Research Associates, Washington, D.C.
- 2001- 2003 XXX Versus Placebo as Add-On Treatment in Subjects with Bipolar Disorder in the Outpatient Setting, phase IIIB, sponsored by Ortho-McNeil Pharmaceutical.
- 2002 A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Safety and Efficacy Study of XXX in Adults with Attention Deficit Hyperactivity Disorder (ADHD), phase II, sponsored by Shire Pharmaceutical.
- 2002 A Prospective, Multicenter, Open-Label Study of XXX in the Management of patients with Schizophrenia and Schizoaffective Disorder in General Psychiatric Practices, phase III, sponsored by Bristol Meyers Squibb.
- 2002 Beneficial Effects of Quetiapine Treatment in patients With Fibromyalgia, Case study, sponsored by AstraZeneca. Poster presented at the New Clinical Drug Evaluation Unit meeting (NCDEU) in Boca Raton, FLA, June 11, 2002.
- 2002 Examining Clinical Experience with XXX in Depression Trial, phase IV, sponsored by Forest Pharmaceuticals, Inc

RESEARCH EXPERIENCE CONT:

12/8/2004

- 2002-2003 A Double-Blind, Placebo-Controlled, Multicenter Study of the Long-Term Efficacy of XXX in the Maintenance of Antidepressant Effect in Geriatric Outpatients with Major Depressive Disorder; Protocol 068-01, phase III, sponsored by Merck Research Laboratories.
- 2002-2003 A Double-Blind, Multicenter, placebo- and Active-Controlled Acute and Extension Study of 2 Doses of XXX in the treatment of Patients with major Depressive Disorder. PN062-061, phase III, sponsored by Merck Research Laboratories.
- 2003 A Phase II, Randomized, Double-Blind, Parallel-Group, Placebo – Controlled Safety and Efficacy Study of XXX in Children and Adolescents Aged 6-17 with oppositional Defiant Disorder (ODD), sponsored by Shire Pharmaceutical Development, Inc.
- 2003 – present A Phase II, Randomized, Double-Blind, Parallel-Group, Placebo-Controlled Safety and Efficacy Study of XXX in Adults Aged 18-55 with Attention Deficit Hyperactivity Disorder (ADHD).
- 2003-present A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Flexible-Dose Study to Assess the Safety and Efficacy of XXX in the Treatment of Moderate to Severe Binge eating Disorder Associated with Obesity. Phase IIB, sponsored by Ortho-McNeil Pharmaceutical.
- 2003 – present A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Parallel Group Study to Assess the Efficacy and Safety XXX Versus Placebo for the Treatment of Social Anxiety Disorder (Generalized Type). Phase II, sponsored by UCB Pharma.
- 2003 – present An Open – Label Study of the Tolerability, Clinical Response, and Satisfaction in Adult Bipolar I Subjects Optimizing Initiation of Therapy Using Administration of Dermatological Precautions and XXX Titration Packs. Phase IV, sponsored by GlaxoSmithKline.
- 2004 Protocol for the Psychometric Validation of a Functional Status Questionnaire Designed for Use in Bipolar Disorder. Sponsored by AstraZeneca.
- 2004 – present Efficacy and Safety of XXX in Patients with Borderline Personality Disorder: A Randomized Flexible Dose Double-Blind Comparison with Placebo. Sponsored by Eli Lilly.
- 2004 – present A Multicenter, Parallel-Group, Double-Blind, Phase III Comparison of the Efficacy and Safety of XXX to Placebo When Used as Adjunct to Mood Stabilizers (Lithium or Divalproex) in the Maintenance Treatment of Bipolar I Disorder in Adult Patients. Sponsored by AstraZeneca.